



Ultra & Trail Runners (UTR)

Azerbaijan

Baku Ultra Endurance

6H•12H•24H

RACE REGULATIONS

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BAKU ULTRA ENDURANCE 6-12-24H – RACE REGULATIONS

1. General Provisions

The Baku Ultra Endurance 6-12-24H is a time-based ultra running race. The objective of the race is for participants to cover the maximum distance within the time limit of their chosen category.

The race will be held on June 20, 2026, in Baku, at Pişəvəri Park (Antenna Park). The official lap distance is 1,150 meters.

Race organization, officiating, result certification, technical procedures, footwear, and all related matters shall be conducted in accordance with applicable World Athletics rules.

2. Race Format and Start Times

The race is organized in the following categories:

- 24 hours – Start: 09:00, Finish: 09:00 the following day
- 12 hours – Start: 09:00, Finish: 21:00 the same day
- 6 hours – Start: 08:00, Finish: 14:00 the same day

Each participant's result is calculated based on the number of laps completed during the race period plus the additional distance measured by officials after the final signal.

3. Race Venue and Course

The race will be held at Pişəvəri Park (Antenna Park) in Baku. The official lap distance is 1,150 meters.



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The start, finish, split points, support zone, official posts, medical area, and all other technical areas shall be determined according to the official course map approved by the organizing committee prior to the race.

4. Key Course Requirements

The race course will:

- be isolated from vehicle traffic or kept under full control;
- be adequately illuminated during nighttime hours;
- be cleared of hazards, or additional marshal supervision will be provided at hazardous sections;
- be protected with barriers and tape at necessary points to separate spectators and participants;
- be equipped with clear directional signs and markings throughout the entire course.

5. Participation Requirements

To participate in the race, an athlete must:

- complete full registration;
- provide correct personal and contact information;
- confirm acceptance of the regulations;
- use the race number and electronic chip in accordance with the rules;
- submit a medical information form if required;
- sign the consent form.



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6. Age Categories and Classification

Only persons who have reached the age of 18 are permitted to participate.

The final results protocol for all participants will separately indicate:

- their position in the overall ranking;
- their position within their age group.

Awards will be presented in the following categories:

- Open (Absolute)
- 40+
- 50+
- 60+

This division applies to both men and women.

Additionally, a Club Absolute Cup will be held. Club standings are calculated for the 24-hour category only. The top results from each club will be selected as follows:

- 2 men
- 2 women

Their distances will be combined. The club with the highest total distance will be declared the overall club winner and awarded the cup as well as commemorative gifts determined by sponsors.



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7. Registration

Registration is conducted through the UTR.az website.

Registration:

- remains open until places are filled or until the deadline;
- the final registration deadline is June 17, 2026;
- final confirmation is issued by the organizing committee.

The following may be required during registration:

- personal identification details;
- emergency contact number;
- medical information form;
- results and experience information;
- information about support crew.

Results and experience information is not mandatory but is encouraged.

Only persons who have been pre-registered and accredited may enter the support zone. Persons without accreditation are not permitted to enter the support zone.

8. Start Procedure

All participants must enter the call-up zone before the start.

The official program will announce:

- start times;



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- briefing time;
- bib and chip distribution;
- technical information;
- support zone rules.

The organizing committee may modify start times if necessary. Any such change shall not exceed 1-2 hours and will be announced through official channels.

9. Results Calculation

Results will be calculated using an electronic timing system.

The distance covered by each participant will be determined based on:

- the number of fully completed laps;
- the additional distance measured from the last completed point after the race finish signal.

10. Bib, Chip, and Identification

Each participant will receive:

- an official race bib number;
- an electronic chip.

The race bib must be worn visibly throughout the race. Altering, transferring, or concealing the bib is prohibited. Loss, alteration, or transfer of the chip to another participant may result in disqualification.



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11. Aid and Nutrition Zone

The following will be organized at the race venue:

- official water and nutrition station;
- personal nutrition tables and/or personal support zone;
- seating and short recovery area;
- medical aid point.

Additionally:

- 2 hot meals will be provided by the organizer for 12-hour participants;
- 5 hot meals will be provided by the organizer for 24-hour participants.

12. Support Crew Rules

- 6-hour participants may have only 1 support crew member.
- 12-hour participants may have only 1 support crew member.
- 24-hour participants may have only 2 support crew members.

However, only 1 support crew member per participant is permitted in the support station at any given time.

Support may only be provided in the official support zone designated by the organizing committee.



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12A. Direction Change Rules

In order to ensure participant safety and prevent runners in different categories from running in opposite directions on the same course, the direction of travel during the race will be regulated as follows:

24-Hour Category

The 24-hour race will start in a counter-clockwise direction.

The direction will be changed 3 times during the race:

- From the start – counter-clockwise;
- 6 hours after the start, i.e., on June 20, 2026 at 15:00 – changed to clockwise;
- On June 20, 2026 at 21:15 – changed back to counter-clockwise;
- On June 21, 2026 at 03:00 – changed back to counter-clockwise again;
- After this point, the direction will not change until the finish.

12-Hour Category

The 12-hour race will start in a counter-clockwise direction.

- From the start – participants run counter-clockwise;
- 6 hours after the start, i.e., on June 20, 2026 at 15:00 – changed to clockwise;
- After this point, the direction will not change until the finish.



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6-Hour Category

The direction of travel for the 6-hour race will be determined according to the technical plan approved by the organizing committee prior to the race and will be announced at the official briefing.

General Provisions

During direction changes, all participants must immediately comply with instructions from officials, marshals, and the organizing committee. Special transition and routing procedures may be applied at the moment of direction change for safety purposes.

Participants who fail to comply with official instructions, violate direction change rules, or deliberately continue running in the wrong direction may be removed from or disqualified from the race.

13. Prohibited Assistance

The following are prohibited:

- receiving food, liquid, ice, sponges, equipment, or clothing outside the official aid zones;
- receiving massage, medical, or technical assistance outside the official zones;
- use of pacers, escorts, cyclists, or other mobile support means;
- being accompanied by any other person during the race.

As an exception, in the 12-hour and 24-hour races only, during the last 30 minutes of the race, 1 support crew member per participant may provide



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motivational accompaniment. This accompaniment is only permitted within the rules and safety conditions established by the organizing committee.

14. Breaks and Leaving the Course

A participant may take a short break at any time. However:

- upon returning from a short break, the participant must re-enter the course at the point where they exited;
- if a longer break is taken, it is recommended to notify the timing or officials' zone;
- the race clock does not stop.

A participant may only leave the race course after notifying the organizing committee and officials in advance. Leaving the course without such notification will result in automatic disqualification.

15. Safety and Medical Supervision

The organizing committee will provide the following medical support throughout the race:

- a physician;
- a nurse or paramedic;
- a first aid team;
- physiotherapy or podiatric support if necessary.

Each participant:

- bears sole responsibility for starting in relation to their own health;



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- must provide medical information if requested by the organizing committee;
- must comply with the decisions of the medical team before and during the race.

The medical team's decision regarding a participant's continuation or withdrawal from the race is final.

16. Removal and Disqualification

A participant may be removed from or disqualified from the race for the following:

- receiving or providing prohibited assistance;
- shortcutting the course;
- failing to comply with official instructions;
- dangerous behavior;
- obstructing other participants;
- violating codes of ethical conduct;
- failing to comply with the medical team's decision to stop racing;
- leaving the course without prior notification;
- fraud involving bib or chip.

In the event of a violation, officials may issue a warning or impose immediate disqualification.



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17. Footwear, Technical Equipment, and Rule Compliance

Participants are solely responsible for the footwear and other permitted technical equipment they use. Footwear and other technical equipment used in the race must comply with applicable World Athletics rules.

18. Weather Conditions

The race may be held in all weather conditions. Participants must be prepared for heat, wind, rain, and temperature variations during nighttime hours.

In the event of extreme weather and safety risks, the organizing committee may:

- change the start time;
- neutralize the race;
- suspend the race;
- modify the course.

19. Appeals and Protests

A protest concerning a result, official decision, or technical matter must be:

- first submitted verbally to the chief official;
- then submitted in writing within thirty minutes.

20. Awards

Awards are planned for the following categories:

- 6-hour men / women
- 12-hour men / women



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- 24-hour men / women

Additionally, age group awards will be presented in accordance with Section 6 of these regulations.

Participants achieving national records in all three races, in both men's and women's categories, will additionally receive a certificate. The organizing committee will provide support for official submissions relating to the registration of such records or national results.

21. Photo, Video, and Media Rights

By registering, a participant consents to the use of photos, videos, and other media materials taken during the race by the organizing committee for promotional, informational, and public presentation purposes.

22. Personal Data

Information provided during registration will be used for the purposes of race organization, safety, results processing, and participant communication.

23. Rights of the Organizing Committee

The organizing committee reserves the right to:

- amend the regulations;
- update the course and program for safety purposes;
- set a participation limit;
- cancel incorrect or incomplete registrations.

All updates will be announced through official communication channels.



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24. Final Provision

This document is the final draft of the regulations for the Baku Ultra Endurance 6-12-24H race. Prior to the race, the organizing committee will separately announce the official program, technical plan, split start points, support zone layout, medical and safety information, as well as awards and protocol procedures.